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Finley Letters

James B. Finley Letters

1-26-1826

Letter from David Young to James B. Finley

David Young

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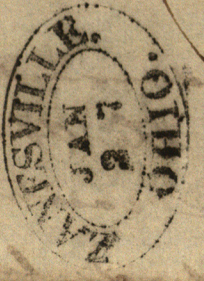
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I am sorry you gave yourself any concern about
 the Cranberry. Chapman sent his father 1/2 a bushel &
 I got the balance two all well enough - I only wanted
 to hear from you - & intended to say you
 for not writing sooner - This is all I remember.
 I want you to write me as often as you can!
 I shall be very anxious to hear from you again.

102

at
 Dear James B Finley
 Upper Sandusky
 Ohio
 Via
 Lancaster



677
 291
 81
 216

59
 48
 117

87
 249
 117

Wm. A. Brown

882

I am that above the book in which I have written my name & also
 more above have conversations out of your hearing.
 They may be of more importance than you are aware of.

Lansville Jan 26th 1857
 Rev J B Finley
 Respected Sir

M^r Young has politely
 shown me your letter to him of the 16th inst in which you
 mention your distressing attack of the 23 of Decem^r and some
 of the symptoms which you are now troubled with.

Excuse me Dear Sir for making the following general sug-
 gestions in your case. In the first place you should be
 particular to avoid all tight dress about your head and neck,
 your mind should be calm and you should engage in no
 business except that of the lightest kind & that without producing
 fatigue. The two extremes of heat and cold should
 be carefully avoided. Have you lately had an attack
 of piles? if so, you should again expect them by the
 use of purges of Aloes. I advise you to continue the
 use of Calomel until you perceive a slight affection of
 your mouth. No doubt you will find the seton of
 service but the withdrawing of it will require great
 care & the discharge had better be continued for months.

You will find a dry vegetable diet ^{best} avoiding fresh
 baked bread & those vegetables which produce flatulency.

Liquids should be avoided as much as possible & water
 the only one made use of & in small quantity at once.

You should be particular to sleep in a large airy room
 with your head high and feet warm. Constipation of
 your bowels must be avoided, when you require cathartics
 use preparations of Senna and Rheubarb, if your stomach is
 acid use Calomel magnesia. As long as the determination
 of blood continues to your head use the warm bath as high
 as the hips every second night at the same time use blis-
 ters to the inside of the thighs, if the ringing in your ears

continues use pills of Apapactidia freely or an infusion of Valerian
 mix equal parts of Sassafras and Aether together which drops
 in your ears two or three times a day stopping them with
 cotton or wool. No doubt you are aware that the nervous
 system will soon be if it is not all ready the seat of the
 disease therefore bleeding at this stage should be carefully
 resorted to. Moderate exercise in the open air
 you will derive benefit from if you do not
 fatigue yourself.

I Accept the best
 wishes of your friend
 D. M. Howell

