

Ohio Wesleyan University

Digital Commons @ OWU

---

Finley Letters

James B. Finley Letters

---

5-21-1826

## Letter from D. Stanton to James B. Finley

D. Stanton

Follow this and additional works at: <https://digitalcommons.owu.edu/finley-letters>

---

### Recommended Citation

Stanton, D., "Letter from D. Stanton to James B. Finley" (1826). *Finley Letters*. 58.  
<https://digitalcommons.owu.edu/finley-letters/58>

This Book is brought to you for free and open access by the James B. Finley Letters at Digital Commons @ OWU. It has been accepted for inclusion in Finley Letters by an authorized administrator of Digital Commons @ OWU. For more information, please contact [earutigl@owu.edu](mailto:earutigl@owu.edu).



We are in usual health

Our respects to your family Adieu

Rev J B Kerley

Yours &c L Stanton

Fort  
Savannah  
Savannah

37

Rev J B Kerley

Ridgerville

MAY 24

600

150

100

500

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

Savannah May 21<sup>st</sup> 1826

My Dear Friend

Yours of the 1<sup>st</sup> in it came to hand a few days ago We regret very much to hear of your indisposition Your first inquiry (what is the cause of your attack? would be difficult to answer with certainty from any Epistolary description. I think there is little doubt but your brain & Stomachy canal were both implicated, but which primarily I cannot determine, probably it was the latter. The stomach being much affected by flatulence may, through sympathy, produce a great determination to the head & very disagreeable symptoms. Be this as it may it is necessary that your brain be relieved

Blood-letting will not assist it; tho the vessels be relieved of their present distention, so soon as blood is reproduced in the system it will reproduce the distention of the vessels of the head

Head-ache very commonly follows great loss of blood Low diet will fail If the food is too devoid of stimulus the stomach will become torpid & the brain may be affected by inverse sympathy

Purgation will be useless for mercury cannot by effect the brain through sympathy

But a regular course of stimulating cathartics Mercury in such portions as merely to stimulate the liver into moderate action. Diet of a moderately stimulant quality & in rather small quantities. moderate exercise & an occasional fit of laughter will soon cure you



Cathartics ought to produce some irritation on the bowels so that the excitement produced there may draw off the excitability of the <sup>repeals of the</sup> brain. But it is necessary in persons predisposed to hemorrhoidal attacks to prescribe stimulating cathartics with circumspection. But exiting is far less hazardous than suppressing Hemorrhoids. The latter is liable to be followed by attacks similar to what you had, or worse.

Cathartics ought to be used every day till a regular habit is established (for we are creatures of habit) & then gradually discontinued. Some mercurial might be used at the same time until the bilious secretion is sufficiently promoted, as the bile is the most efficacious of cathartics, but not carried so far as to open the mouth. Perhaps a good form would be. Does three parts Scammony two Gamboge one & calomel one part made into pill of a moderate size & take one pill or more every night. The portion should be sufficient to produce one or two moderately free stools per day. <sup>in the above</sup> After the calomel might be omitted & a blue pill given occasionally till the liver is excited. Does alone might do for the pills.

After being repeated a few weeks (some times a few days) a much smaller portion will do especially by attending to regular periods of evacuation & ultimately they may be entirely omitted.

A relish of broiled ham. Beef steak well seasoned & slightly broiled, salt fish, or any thing of the kind I think would be beneficial. But I wish you to recollect that beef is like brandy. If a certain quantity may be useful an uncertain quantity may be & will be harmful.

As to exercise I know of none that would suit better than to come & see us. If you cannot laugh enough we will get Esq. Sutherland to help.

But after all this farango I expect that you will be pretty well by the time you get this. The mercury you took having promoted the secretion of bile & that a free state of your bowels & riding I hope has given you an appetite for some thing beside Mush & butter-milk seasoned with nutmeg iron & perfumed with Myrror. The next time you want strength you had better try the effect of bacon & eggs before you call on Hercules. At all events pudding pie & custard is more grateful to my palate than bitters & steel.

I obtained of S. & enclose your deed. The fees 50cts he makes a donation to the Indian mission.

I am very happy to hear that your cause progresses so prosperously. There are three great objects which if I could see accomplished viz. the civilization of the Indians, the abolition of slavery & the suppression of intemperance. <sup>happy</sup> I think the world would be fit to live in & fit to leave. I am happy to think I live in an age in which all three are progressive. In the eastern states they have taken hold of the <sup>extensive</sup> last in earnest. & societies are formed of the most influential & respectable citizens & a weekly paper is printed in Boston entirely devoted to the suppression of intemperance. National Philanthropist by Rev. W. Collier. I have recd the 14<sup>th</sup> & which are very satisfactory. D. J. per Amos